

Intermediate  
Makes

## Poppy Appeal

Knit or crochet a poppy and donate towards the work of The Royal British Legion



### KNITTED POPPY

can be found at Black Sheep Wools Ltd, call 01925 764231 or visit [blacksheepwools.com](http://blacksheepwools.com)

#### ABBREVIATIONS

**K**, knit; **p**, purl; **st**, stitch; **tog**, together; **sl**, slip; **ss**, stocking st (k on right side and p on wrong side); **skpo**, sl1, k1, pass the sl st over; **wrap 1**, slip next st onto right hand needle, take yarn between needles to opposite side of work, place the slipped st back onto left hand needle, take yarn back.

#### NOTE

Figures in square brackets are worked as stated after 2nd bracket.

#### MATERIALS

1 x 50g (130m) ball of Rico Essential Cotton DK (100% cotton) in each of Red (02) and Grass Green (66); small amount in Black (90). Pair of 2mm (No.14) knitting needles. The yarn

#### PETALS (make 4)

With 2mm needles and Red, cast on 5 sts.

K 1 row and p 1 row.

**Next row:** K twice in each of first 3 sts, k2 – 8 sts. P 1 row.

**Next row:** [K1, k twice in next st] 3 times, k2 – 11 sts. P 1 row.

**Next row:** [K1, k twice in next st] 4 times, k3 – 15 sts. P 1 row.

**Next 2 rows:** K14, wrap 1, turn, p13, wrap 1, turn.

**Next 2 rows:** K12, wrap 1, turn, p11, wrap 1, turn.

**Next 2 rows:** K10, wrap 1, turn, p9, wrap 1, turn.

**Next row:** K7, wrap 1, turn.

**Next 2 rows:** P5, wrap 1, turn and k to end – 15 sts.

**Cast off row:** Slipping first st and working twice into next and every alternate st, cast off all sts pwise.

#### CENTRE

With 2mm needles and Black, cast on 5 sts.

P 1 row.

**Next row:** K twice in each of first 4 sts, k1 – 9 sts.

**Next row:** P1, [p twice in next st, p1] 4 times – 13 sts.

K 1 row and p 1 row.

**Next row:** K3tog, [k2tog, k3tog] twice – 5 sts.

**Cast off row:** Working twice into every st, cast off all sts pwise.

#### STEM

With 2mm needles and Green, cast on 8 sts.

Ss 26 rows. Cast off.

#### LEAF

With 2mm needles and Green, cast on 3 sts.

**1st row:** K3.

**2nd row:** K1, p1, k1.

**3rd row:** Cast on 4 sts, k3, skpo, k2 – 6 sts.

**4th row:** Cast on 4 sts, k3, skpo, p1, k3, k twice in last st – 10 sts.

**5th row:** Cast on 4 sts, k7, skpo, k4, k twice in last st – 14 sts.

**6th row:** Cast on 4 sts, k7, skpo, p1, k7, k twice in last st – 18 sts.

**7th row:** Cast off 6 sts – 1 st on right needle, sl1, k1, pass the 2nd and 3rd sts on right needle over end st and off needle, k8, k twice in last st – 11 sts.

**8th row:** Cast off 6 sts – 1 st on right needle, sl1, k1, pass the 2nd and 3rd sts on right needle over end st and off needle, p1, k1 – 3 sts.

**9th row:** Cast on 3 sts, k2, skpo, k2 – 5 sts.

**10th row:** Cast on 3 sts, k2, skpo, p1, k2, k twice in last st – 8 sts.



CROCHET POPPY

**11th row:** Cast on 3 sts, k5, skpo, k3, k twice in last st – 11 sts.  
**12th row:** Cast on 3 sts, k5, skpo, p1, k5, k twice in last st – 14 sts.  
**13th row:** Cast off 4 sts – 1 st on right needle, sl1, k1, pass the 2nd and 3rd sts on right needle over end st and off needle, k6, k twice in last st – 9 sts.  
**14th row:** Cast off 4 sts – 1 st on right needle, sl1, k1, pass the 2nd and 3rd sts on right needle over end st and off needle, p1, k1 – 3 sts.  
**15th row:** Cast on 4 sts, k3, skpo, k2 – 6 sts.  
**16th row:** Cast on 4 sts, k3, skpo, p1, k3, k twice in last st – 10 sts.  
**17th row:** Cast off 2 sts – 1 st on right needle, sl1, k1, pass the 2nd and 3rd sts on right needle over end st and off needle, k4, k twice in last st – 7 sts.  
**18th row:** Cast off 2 sts – 1 st on right needle, sl1, k1, pass the 2nd and 3rd sts on right needle over end st and off needle, p1, k1 – 3 sts.  
**19th row:** K twice in first st, k1, k twice in last st – 5 sts.  
**20th row:** K twice in first st, k1, p1, k1, k twice in last st – 7 sts.  
**21st row:** Skpo, k3, k2tog – 5 sts.  
**22nd row:** Skpo, p1, k2tog – 3 sts.  
 K3tog and fasten off.

TO MAKE UP

With right side facing and taking one and a half stitches into seam, join row-end edges of stem together. Place cast-on edges of petals around top of stem, overlapping edges to fit and secure in position. Catch down overlapped edges of petals to form flower. Join row-end edges of centre together, stuffing it with small amount of black yarn. Sew cast-on edge of centre to top of stem inside flower, then flatten top. At back, sew cast-on edge of leaf to stem, just below flower.

MATERIALS

1 x 50g (130m) ball of Rico Essential Cotton DK (100% cotton) in each of Red (02) and Grass Green (66); small amount in Black (90). Size 2.00 crochet hook. The yarn can be bought from Black Sheep Wools Ltd, call 01925 764231 or visit [blacksheepwools.com](http://blacksheepwools.com)

ABBREVIATIONS

Ch, chain; dc, double crochet; tr, treble; htr, half tr; st, stitch; slst, slip st; yrh, yarn round

PETALS (make 4)

With 2.00 hook and Red, make 4ch.

**Foundation row:** Work 1dc in 2nd ch from hook (counts as 1 st), 2dc in next ch, 1dc in last ch, turn – 4 sts.  
**1st row:** 1ch (does not count as a st), 2dc in each dc to end, turn – 8 sts.  
**2nd row:** 1ch, 2dc in first dc, 1dc in each of next 2dc, 2dc in last dc, turn – 11 sts.  
**3rd row:** 1ch, 1dc in each of first 3dc, 1htr in each of next 5dc, 1dc in each of last 3dc, turn.  
**4th row:** 1ch, 1dc in each of first 2dc, 1htr in next dc, 1htr in each of next 5htr, 1htr in next dc, 1dc in each of last 2dc, turn.  
**5th row:** 1ch, 1dc in first dc, 1htr in each of next 2 sts, 1tr in each of next 5htr, 1htr in each of next 2 sts, 1dc in last dc, turn.  
**6th row:** 1ch, 1dc in each st to end.

hook; **dc2tog**, [insert hook in next st, yrh and pull through] twice, yrh and pull through all 3 loops on hook; **dc3tog**, [insert hook in next st, yrh and pull through] 3 times, yrh and pull through all 4 loops on hook; **tr2tog**, [yrh, insert hook in next st, yrh and pull through, yrh and pull through first 2 loops on hook] twice, yrh and pull through all 3 loops on hook.

NOTE

Figures in square brackets are worked as stated after 2nd bracket.

**7th row:** 1ch, 1dc in first dc, [work 1dc, 1ch and 1dc in next dc] to last st, 1dc in last st. Fasten off.

CENTRE

With 2.00 hook and Black, make 5ch.

**Foundation row:** 1dc in 2nd ch from hook (counts as 1 st), [1dc in next ch] to end, turn – 4 sts.  
**1st row:** 1ch (does not count as a st), 2dc in each dc to end, turn – 8 sts.  
**2nd row:** 1ch, 2dc in first dc, 1dc in each of next 2dc, 2dc in last dc, turn – 11 sts.  
**Next row:** 1ch, 1dc in each dc to end, turn.  
**Next row:** 1ch, dc3tog, [dc2tog] to end, turn – 5 sts.  
**Next row:** 1ch, 2dc in each dc to end – 10 sts. Fasten off.

STEM

With 2.00 hook and Green, make 6ch.

**Foundation row:** 1dc in 2nd ch from hook (counts as 1 st), [1dc in next ch] to end, turn – 5 sts.

**Pattern row:** 1ch (does not count as a st), 1dc in each dc to end, turn.

Repeat pattern row, 13 times more. Fasten off.

LEAF

With 2.00 hook and Green, make 3ch for top.

**Foundation row:** 1dc in 2nd ch from hook (counts as 1 st), 1dc in last ch, turn – 2 sts.

**1st row:** 1ch (does not count as a st), 2dc in each of 2dc, turn – 4 sts.

**2nd row:** 1ch, 2dc in first dc, 1dc in each of next 2dc, 2dc in last dc, turn – 6 sts.

**Stem row:** Slst into first 3 sts, then make 12ch for stem, turn and work 1dc in 2nd ch from hook (counts as 1 st), 1dc in each of next 10ch, slst in 4th dc of 2nd row of top, turn.

**First branch:** 1dc in first dc of stem, slst in next dc of stem, 4ch, 1dc in 2nd ch from hook, 1htr in next ch, 2tr in last ch, 1dc in next dc on stem.

**Second branch:** Slst in each of next 2dc of stem, 6ch, 1dc in 2nd ch from hook, 1dc in next ch, 1htr in each of next 2ch, 2tr in last ch, 1dc in next dc on stem.

**Third branch:** Slst in each of next 2dc of stem, 7ch, 1dc in 2nd ch from hook, 1dc in next ch, 1htr in each of next 2ch, 1tr in next ch, 2tr in last ch, 1dc in next dc on stem, slst in each of last 2dc on stem, slst in row-end of stem, then work along other side of stem thus: slst in each of first 2ch.

**Fourth branch:** 1dc in next ch on stem, 8ch, 1dc in 2nd ch from hook, 1dc in next ch, 1htr in each of next 2ch, 1tr in next ch, tr2tog, slst in each of next 2ch on stem.

**Fifth branch:** 1dc in next ch on stem, 7ch, 1dc in 2nd ch from hook, 1dc in next ch, 1htr in each of next 2ch, tr2tog, slst in each of next 2ch on stem.

**Sixth branch:** 1dc in next ch of stem, 5ch, 1dc in 2nd ch from hook, 1htr in next ch, tr2tog, slst in next ch on stem, 1dc in next ch of stem, slst in 4th dc on 2nd row of top. Fasten off.

TO MAKE UP

Taking 1 stitch into seam, join row-end edges of stem together. Place chain edges of petals around top of stem, overlapping edges to fit and secure in position. Catch down overlapped edges of petals to form flower. Join row-end edges of centre together, stuffing it with small amount of black yarn. Sew chain edge of centre to top of stem inside flower, then flatten top. Sew chain edge of leaf to stem at back, just below flower.

Photos: Simon Taylor, Designer: Tina Eggleton

Help us to commemorate 100 years since the start of WWI



We were recently overwhelmed by your response when we asked you to knit hats for the homeless of Manchester, and in the past you amazed us with knitted blankets for cats and dogs, blankets and jackets for premature babies – plus record-breaking bunting. Now we are asking you to knit poppies to commemorate the start of WWI.

We are delighted to be working with The Royal British Legion on this six-month project and we would love YOU to get involved by knitting or crocheting poppies – either by using your own pattern or those created especially by Tina our Technical Knitting Editor, also to be featured on our website. Please send your finished poppies to Mary Bird, Head of Marketing, Woman's Weekly,

The Royal British Legion is the UK's leading Armed Forces charity. They provide practical, emotional and financial support to all members of the British Armed Forces past and present, and their families. They actively campaign to improve lives and safeguard the Military Covenant between the nation and its Armed Forces. They also organise the Poppy Appeal, run one of the UK's largest membership organisations and are the nation's custodian of Remembrance.

Whether it's families coping with the loss of a loved one, help at home to adapt to

IPC Media, 110 Southwark Street. London SE1 0SU – and do feel free to include a donation.

Once we have the knitted/crocheted poppies, we will then hold reader days and you can make wreaths at a selection of Hobbycraft stores in 2014. We hope to place these on war memorials around the nation – more details to follow. Please visit [womansweekly.co.uk](http://womansweekly.co.uk) for updates.

All funds collected will be donated to The Royal British Legion once the promotion ends. Woman's Weekly would love to hear of tales about family members who fought or nursed during the war. If you have any photos please feel free to include photocopies (I'm afraid we can't return any photos). The closing date for us to receive the poppies is 31st March 2014.

independent living, recovery centres for injured personnel, money and careers advice or residential care: they are there to help.

Millions of people in the UK and around the world are eligible to access these welfare services and they aim to help the most in need. As the legacy of Afghanistan and Iraq combine with defence cuts, strains on public sector support and a peak in welfare demand from older veterans; the Service community is facing a perfect storm of health and welfare needs in the coming years. The Royal British Legion is there to support them.

*If you would like to donate, please fill in the form.*

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